



# West Cheshire Athletic Club



# SUTTON 6' 10K

PRESENTS THE 2005

11.00 am Sunday 25<sup>th</sup> September 2005,  
Guilden Sutton, Near Chester (Grid Ref. SJ 445682)

A flat, fast, accurately measured 10 kilometre road race through rural countryside

Prizes: Men: At least first 5 plus, 1<sup>st</sup> & 2<sup>nd</sup> O/40, 1<sup>st</sup> U/20, 1<sup>st</sup> O/45, 1<sup>st</sup> O/50, 1<sup>st</sup> O/55, 1<sup>st</sup> O/60  
Women: At least first 3 plus 1<sup>st</sup> U/20, 1<sup>st</sup> O/35, 1<sup>st</sup> O/40, 1<sup>st</sup> O/45, 1<sup>st</sup> O/50  
Teams: 1<sup>st</sup> male (4 to count) and 1<sup>st</sup> female (3 to count) UKA affiliated Club teams  
First Unattached LOCAL Runner. Only one individual prize per Runner.

Under UK Athletics Rules: NoEAA Permit No. 7118 Assisted by

Entry fees: UKA affiliated Club members £3.00  
Unattached £5.00 (NOTE INCREASED FEE – AAAofE requirement)  
Entries on the day £1 extra (Race Limit 400)

Closing date for postal entries: 16<sup>th</sup> September 2005

Minimum age: 16 years on day of race

FUN RUN 1½ mile open run, 12-15 start. Entry on the day only, £2. Awards to all finishers. RUNNING SPECIALISTS



## ENTRY FORM - "SUTTON 6" 10K

SUNDAY 25<sup>th</sup> SEPTEMBER 2005

SURNAME  FIRST NAMES

DATE OF BIRTH  AGE ON RACE DAY  MALE  FEMALE

UKA CLUB  Registration Number

ADDRESS STREET  DISTRICT  TOWN  COUNTY  POSTCODE  Leave blank

HOME TEL No.  WORK TEL No.

DECLARATION: I accept that I compete in this event at my own risk and that the organisers shall not be liable for any accident, injury or loss as a consequence of my participation. I will abide by the UK Athletics rules.

Signed : \_\_\_\_\_ DATE : \_\_\_\_\_

Send to: Sutton Six 10K, 6 Pleck Road, Whitby, Ellesmere Port, CH65 6SP by 16<sup>th</sup> September  
(Numbers for entries received after this date to be collected on the day of the race).

Enclosing: Your entry fee, £3 UKA  £5 Unattached   
With a 9"x6<sup>3</sup>/<sub>8</sub>" (C5) Stamped Addressed Envelope (for number and race details)  
(cheques payable to West Cheshire AC)